

Rev. Rich Villodas
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COURSE OUTLINE

PT/SP515 - The Deeply Formed Life – Spiritual Formation for a New Generation
Vancouver School of Theology, July 5-9, 2021: 9am-12pm PST

PURPOSE: The training of pastors and leaders requires new frameworks and practices of spiritual formation to live vocationally faithful to God and contextually present to the surrounding culture. This course will explore the paradigm of formation as presented in Rich Villodas' *The Deeply Formed Life*. We will engage theological frameworks and practices around contemplative rhythms, racial reconciliation, interior examination, sexual wholeness, and missional presence.

COMPETENCE OBJECTIVES: Students will be expected to learn and demonstrate the ability to:

- Articulate a theology of contemplative life, racial justice, interior examination, sexual wholeness and missional presence.
- Integrate formational practices to embody these gospel-shaped values.

REQUIRED READINGS: (Please pre-read before course begins)

Rich Villodas, *The Deeply Formed Life: Five Transformative Values to Root us in the Way of Jesus* (Waterbrook, 2020)

Brenda Salter McNeil, *Roadmap to Reconciliation: Moving Communities into Unity, Wholeness, and Justice* (Downers Grove, IL: InterVarsity, 2015)

Peter Scazzero, *Emotionally Healthy Spirituality: It's Impossible to Be Spiritually Mature, While Remaining Emotionally Immature* (Zondervan, 2017)

Marva Dawn, *Sexual Character: Beyond Technique to Intimacy* (Grand Rapids, MI: Eerdmans, 1993)

David E. Fitch, *Faithful Presence: Seven Disciplines That Shape the Church for Mission* (Downers Grove, IL: InterVarsity, 2016)

ASSIGNMENTS

Certificate Students:

- Write **one** 1000-1200 word reflection paper on one of the five formational values taught in the course. The paper should include theological framing and how you have personally engaged this content in your personal and ministry life.

Basic Degree students (Diploma/M.Div/MA)

- Write **three** 1000-1200 word reflection papers on three of the five formational values taught in the course. The paper should include theological framing and how you have personally engaged this content in your personal and ministry life.

SELECTED BIBLIOGRAPHY

Christopher West, *Fill These Hearts: God, Sex, and the Universal Longing* (New York: Image, 2018)

Debra Hirsch, *Redeeming Sex: Naked Conversations About Sexuality and Spirituality* (Downers Grove, IL: InterVarsity, 2015)

Alice Miller, *The Body Never Lies: The Lingering Effects of Hurtful Parenting*, trans. Andrew Jenkins (New York: Norton, 2005)

Peter L. Steinke, *Congregational Leadership in Anxious Times: Being Calm and Courageous No Matter What* (Lanham, MD: Rowman and Littlefield, 2006)

Ronald Rolheiser, *The Holy Longing: The Search for a Christian Spirituality* (New York: Crown, 2014)

Soong-Chan Rah, *Prophetic Lament: A Call for Justice in Troubled Times* (Downers Grove, IL: InterVarsity, 2015)

James Baldwin, *Nobody Knows My Name* (New York: Vintage, 1992)

Eddie S. Glaude Jr., *Democracy in Black: How Race Still Enslaves the American Soul* (New York: Crown, 2017)

Michael O. Emerson and Christian Smith, *Divided by Faith: Evangelical Religion and the Problem of Faith in America* (Oxford University, 2000)

Lisa Sharon Harper, *The Very Good Gospel: How Everything Wrong Can Be Made Right* (Colorado Springs, CO: WaterBrook, 2016)

Robert Cardinal Sarah, *The Power of Silence: Against the Dictatorship of Noise* (San Francisco: Ignatius Press, 2017)